

# **Advanced Illness and Frailty Guide**

## Effective December 1, 2024

National Committee for Quality Assurance (NCQA) recognizes instances where advanced illness and frailty influence a patient's function and overall quality of life. Some HEDIS measures do not apply to these patients when the service may be of little benefit to them. Therefore, NCQA implemented cross-cutting exclusions to remove patients with advance illnesses and frailty from select measures.

These exclusions will remove patients from denominators on certain measures when the proper codes are submitted. This can be very helpful since many of these patients may have difficulty getting to office visits and facilities for medical screenings. These exclusions enable you, as a provider, to focus on care that is more relevant and beneficial for these patients' conditions, reducing unnecessary tests and/or treatments that provide limited benefit.

### ADVANCED ILLNESS

Advanced illness can be indicated by chronic conditions, such as Alzheimer's, dementia, chronic kidney disease, heart failure, multiple sclerosis or certain malignant conditions. Claims criteria that identify patients with advanced illness may include one or more of the following:

- Two or more outpatient, observation, telephone visits, e-visits, or virtual check-ins emergency (ER) or non-acute inpatient encounters or discharges on separate dates of service with a diagnosis of advanced illness
- One or more acute inpatient encounters with a diagnosis of advanced illness
- One or more acute inpatient discharges with a diagnosis of advanced illness on a discharge claim
- Dispensed a dementia medication: Donepezil, Donepezil-Memantine combo, Galantamine, Memantine or Rivastigmine

FRAILTY

Frailty can be identified in a variety of ways. To qualify for frailty, the patient must have at least two claims with an indication of frailty. Here are some examples:

- Reduced mobility and use of devices to provide assistance such as canes, walkers and wheelchairs
- Hospital beds
- Medical equipment usage, including wheelchairs, hospital beds and portable oxygen
- Use of skilled and assisted care
- History of falls
- Pressure ulcers

The chart below outlines patient exclusions for specific Star/Quality measures.

#### STAR/QUALITY MEASURE EXCLUSIONS CRITERIA

In order to exclude a patient from the measures below, codes must be billed in the current measurement year or the year prior for advanced illness and in the current year for frailty.

Patients 66 and older can be excluded from the following measures when they have BOTH advanced illness and fr	
Breast Cancer Screening*	Controlling High Blood Pressure
Colorectal Cancer Screening*	Kidney Health Evaluation for Patients with Diabetes
Controlling High Blood Pressure*	
Eye Exam for Patients with Diabetes	
HbA1c Control for Patients with Diabetes	*Note: Quality measures listed are for the incentives offered through the
Kidney Health Evaluation for Patients with Diabetes	Patrius Health Incentive Program.
Osteoporosis Screening in Older Women	
Statin Therapy for Patients With Cardiovascular Disease	

# Use our Coding Guide on the next page for assistance in determining appropriate diagnosis codes for patients who fall into this category. With proper diagnosis coding, you can:

- > Remove gaps in care for some patients who refuse screenings or treatments because they are too sick to comply
- Reduce unnecessary screening and testing
- Increase focus on care that is more appropriate for the patients' health status
- Improve management of patients and their treatment
- Reduce administrative burdens

For more comprehensive information on advance illness and frailty exclusions, visit the NCQA blog on this topic.

## **Advanced Illness and Frailty Coding Guide**

These codes are applicable for patients age 66 and older as of December 31 of the measurement year. Be sure to code to the highest level of specificity with guidance from your coding books.

Advanced Illness Diagnosis Codes		
A81.00 – A81.09 Creutzfeldt-Jakob disease	109.81 Rheumatic heart failure	
C25.0 – C71.9 Malignant neoplasm	I11.0 Hypertensive heart disease with heart failure	
C77.0 – C79.9 Secondary and unspecified malignant neoplasm	<b>I12.0</b> Hypertensive chronic kidney disease with stage 5 chronic kidney disease or end stage renal disease	
<b>C91.00 – C94.32</b> Leukemia		
F01.50 – F03.C18 Dementia	113 Hypertensive heart and chronic kidney disease	
F04 Amnestic disorder due to known physiological condition	I50 Heart failure	
F10 Alcohol-related disorders	J43.0 - J43.9, J98.2 - J98.3 Emphysema	
G10 Huntington's disease	J68.4 Chronic respiratory conditions due to chemicals, gases, fumes and vapors	
G12.21 Amyotrophic lateral sclerosis	J84 Other respiratory diseases principally affecting the interstitium	
G20 Parkinson's disease	J96 Respiratory failure	
G30 Alzheimer's disease	K70 – K74 Diseases of the liver	
G31 Other degenerative diseases of nervous system, not elsewhere classified	L89 Pressure ulcer	
G35 Multiple sclerosis	N18.5 and N18.6 Chronic kidney disease	

#### Frailty Diagnosis/HCPCS Codes

<b>E0100 – E0105</b> Cane	R54 Age-related physical debility
E0130 – E0149 Walker	R62.7 Adult failure to thrive
E0163 – E0171 Commode chair	R63.4 Abnormal weight loss
E0250 – E0304 Hospital bed	R63.6 Underweight
E0424 – E0444 Oxygen system	R64 Cachexia
E0462 Rocking bed with or without side rails	W01 Fall on same level from slipping, tripping and stumbling
E0465 – E0466 Home ventilator	W06 Fall from bed
E0470 – E0472 Respiratory assist device	W07 Fall from chair
E1130 – E1298 Wheelchair	W08 Fall from other furniture
G0162, G0299, G0300, G0493, G0494 Skilled services in the home health or hospice setting	W10 Fall on/from escalator, sidewalk, incline or other steps and stairs
	W18 Other slipping, tripping and stumbling and falls
<b>S0271</b> Physician management of patient home care, hospice monthly case rate (per 30 days)	W19 Unspecified fall
<b>S0311</b> Comprehensive management and care coordination for advanced illness,	Y92 Place of occurrence of the external cause
per calendar month	Z59.3 Problems related to living in residential institution
S9123 – S9124 Nursing care, in the home	Z73.6 Limitation of activities due to disability
L89 Pressure ulcer	Z74 Problems related to care provider dependency
M62 Other disorders of muscle	Z91.81 History of falling
R53 Weakness and other malaise	<b>Z99</b> Dependence on enabling machines and devices, not elsewhere classified



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ICD-10 is the 10th revision of the International Statistical Classification of Diseases and Related Health Problems (ICD), a medical classification list by the World Health Organization (WHO).