



Patrius  
Health



*Talking about your health*

# Talking about your health



Patient's Name: \_\_\_\_\_

Next Appointment: \_\_\_\_\_

Lab/Test Results Available: \_\_\_\_\_

Today's Date: \_\_\_\_\_

Your health is our priority. Please keep this card as a reminder of some important topics we discussed during your appointment today.

## TODAY WE TALKED ABOUT:

☐ All prescription medicines you are taking

☐ Overall physical and mental health

☐ Recommended preventive screenings

☐ Annual flu vaccine

☐ COVID-19 vaccination/booster

☐ Pneumonia vaccine

☐ Other Topics:

*Date Received:*

*Date(s) Received:*

*Date Received:*

☐ Care you receive from other providers and services

☐ Issues with balance and walking, and how to prevent falls

☐ Issues with urinary incontinence and how to improve incontinence

Log into *myBlueCross* at [PatriusHealth.com](https://PatriusHealth.com) to review important care reminders, plan details and more!

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